

CCC Ministry Position Description

Mental Health Ministry “Overcome” Class Peer Facilitator

Purpose: To co-lead & facilitate an 8-week “Overcome” class for adults impacted by mental health issues & caregivers/supporters.

Responsibilities:

- Complete 6-hour online facilitator training through My Quiet Cave Ministries & Soul Shop Suicide Awareness Training.
- Review & prepare for group, meeting weekly with Co-Facilitator.
- Act as the safety net & guide for the group, providing opportunities for group members to share, follow group boundaries, be mindful of group dynamics & development, listen without bias, validate others’ experiences & emotions & model Christ’s unconditional love for those present.
- Pray regularly for group participants as God leads.
- Check in with Ministry Coordinator as needed communicating additional needs or support.

Specific Position Qualifications:

- Has an intimate relationship with Jesus Christ as their personal savior, knows their identity is alone in Him and continually abides in Him.
- Has lived experienced of mental health struggles & is on a path to wellness, managing their challenges in a healthy & productive way.
- Connects with others as a peer who has also experienced the pain of mental health struggles.
- Is willing to share struggles as it benefits the group to encourage a safe & open group dynamic but not necessarily to facilitate their own healing.
- Displays integrity, sensitivity and confidentiality, treating each person with respect.
- Is teachable and dependable.
- Is 21 years or older.
- Completes volunteer application and background check.

Time Commitment: Approximately 2 hours per week for 8 weeks plus curriculum review/prep time

Length of Commitment: One year, renewable by mutual agreement

Success Measures: Successful and timely completion of above responsibilities

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